

ADULT CLASSES and LEAGUES



2017 FALL SESSION I

Sunday, August 27, 2017 – Thursday, September 28, 2017

*SKIP SUNDAY & MONDAY, SEPTEMBER 3RD & 4TH Labor Day Weekend (Tennis Center Closed)

► Learn the Game

An introduction to the game of tennis:

- . A fun way to learn the basic skills, rules, and point play.
- . Perfect for the beginner or player with little experience.
- . Successful participants graduate to ...

► Learn the Game Plus:

- . Advanced beginner looking for skill development and point play.
- . For players who have graduated from the Learn the Game class.
- . Pro approval required.

► Back in the Game:

Perfect for the returning player looking to knock a bit of rust off and get on the court:

- . Past playing experience (must be able to rally & serve)
- . Tennis skill development, strategy, and point play..
- . With progress, participant may be able to join our ...

► Love the Game

Ready to take the next step towards competitive tennis?

- . Intermediate players
- . Competitive drills focused on strategy and point play.
- . Successful completion prepares you for...

► Live the Game

This is it! Top of the class for competitive, USTA league and Tournament players only.

- . 90 minutes of fast paced drills..
- . Full-throttle point play and strategy
- . Pro approval required

Class Description	Day/Dates	Times	Weeks	Price*
LEARN THE GAME	Sundays Aug. 27 – Sept. 24 *NO class Sept. 3	2:00pm to 3:00pm	4	\$76.00
LEARN THE GAME	Mondays Aug. 28 – Sept. 25 *NO class Sept. 4	7:00pm to 8:00pm	4	\$76.00
LEARN THE GAME PLUS	Wednesdays Aug. 30 – Sept. 27	6:30pm to 7:30pm	5	\$95.00
BACK IN THE GAME	Tuesdays Aug. 29 – Sept. 26	6:00pm to 7:00pm	5	\$95.00
BACK IN THE GAME	Thursdays Aug. 31 – Sept. 28	6:00pm to 7:00pm	5	\$95.00
LOVE THE GAME	Thursdays Aug. 31 – Sept. 28	7:00pm to 8:30pm	5	\$142.50
LIVE THE GAME	Mondays Aug. 28 – Sept. 25 *NO class Sept. 4	7:30pm to 9:00pm	4	\$114.00

* Per Class payment: \$22.00 for 1 hour class, \$33.00 for 90minute class

* MAKE UP CLASSES ARE NOT AVAILABLE

* Payment due prior to first scheduled class.



DRILLS & CARDIO TENNIS

Please check the monthlv Cardio Plus Calendar for dates and times. Advance reastration is required.

► Weekly Drill Sessions: *Drills, drills, and more drills!!*

(not recommended for beginners)

- . Play action drills & Instruction
- . Supervised play

Wednesdays 12:00pm – 1:00pm. \$19 (\$16 with Wed, AM Cardio)

Tuesdays 7:00pm – 8:00pm. \$19 (\$16 with Tuesday Cardio)

► Fast Action Drills: *'Pedal to the metal' challenging*

aerobic/anaerobic and stroke productions

- . Unique blend of ball machine and pro-fed drills
- . Forward movement, closing-out-the-point are the highlights

Sundays 1:00pm – 2:00pm. \$19

► Volley Blast Drills: *Everybody wants a better net game.*

'Fast Hands' drills are the way!!

- . Drills dedicated to the net game.
- . Bullet-proof overhead
- . And yes...poaching!

Wednesdays 7:30pm – 8:30pm. \$19

► Stroke/Strategy of the Week:

- . Come learn a quick Stoke or Strategy tip.
- . Focus on the stroke or strategy of your choice

Sundays 12:00pm – 1:00pm

► Women's Competitive Drills:

Serious tennis competitors only!

- . USTA ranking of 3.5 and up. Pro approval required.
- . Highly competitive drill sessions & point play.
- . BRING YOUR "A" GAME!

Wednesdays 6:00pm – 7:30pm. \$29

(Current MSU Travel Team members \$21)

► Cardio & Cardio Lite Tennis *Fun, Fitness and new Friends while*

you burn at least 400 - 600 calories

- . 60 minutes of heart pumping drills & fun point play.
- . No experience required.
- . Never tried Cardio? Your 1st class is FREE!

Daily Fee per Session / \$13.00

Package of 12 Prepaid Sessions / \$130.00

► Adult Men's 3.5 and 4.0 Leagues: *Played weekly, within a*

1 hour time period. 8 Game Pro Set - first person to win 8 games. (12 point set tie-breaker at 7-7, first one to 7 points)

For additional League information call Heather Mactaggart at 517-355-2209

3.5 Men's Singles: Tuesdays: Aug.29 – Sept.26 / 8pm – 9pm / 5 weeks.

4.0 Men's Singles: Mondays: Aug.28 – Sept.25 / 8pm – 9pm / 4 weeks.

League Prices (Based on Affiliation to MSU)

Public.....\$95/\$78 MSU Alumni.....\$90/\$74
MSU Faculty/Staff.....\$85/\$70 MSU Students.....\$65/\$54

► For Private & Semi-Private Lessons contact

- . Diane Selke / (517) 355-2209 / selkedia@rhs.msu.edu
- . Pat Page / (517)355-2209 / pagep@msu.edu

PAYMENT OPTIONS

Full payment is due prior to the first scheduled class, league, cardio or drills session.

For your convenience, we accept:

Cash, Check, Visa, Master Card,
American Express and, Discover

Gift Cards now available!

