ADULT CLASSES and LEAGUES

2017 FALL SESSION I

Sunday, August 27, 2017 – Thursday, September 28, 2017
*SKIP SUNDAY & MONDAY, SEPTEMBER 3RD & 4TH Labor Day Weekend (Tennis Center Closed)

►Learn the Game
An introduction to the game of tennis:
. A fun way to learn the basic skills, rules, and point play.
. Perfect for the beginner or player with little experience.
. Successful participants graduate to ...

►Learn the Game Plus:
. Advanced beginner looking for skill development and point play.
. For players who have graduated from the Learn the Game class.
. Pro approval required.

►Back in the Game:
Perfect for the returning player looking to knock a bit of rust off and get on the court:
. Past playing experience (must be able to rally & serve)
. Tennis skill development, strategy, and point play.
. With progress, participant may be able to join our ...

►Love the Game
Ready to take the next step towards competitive tennis?
. Intermediate players
. Competitive drills focused on strategy and point play.
. Successful completion prepares you for...

►Live the Game
This is it! Top of the class for competitive, USTA league and Tournament players only.
. 90 minutes of fast paced drills.
. Full-throttle point play and strategy
. Pro approval required

<table>
<thead>
<tr>
<th>Class Description</th>
<th>Day/Dates</th>
<th>Times</th>
<th>Weeks</th>
<th>Price*</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEARN THE GAME</td>
<td>Sundays Aug. 27 – Sept. 24 *NO class Sept. 3</td>
<td>2:00pm to 3:00pm</td>
<td>4</td>
<td>$76.00</td>
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<tr>
<td>LEARN THE GAME</td>
<td>Mondays Aug. 28 – Sept. 25 *NO class Sept. 4</td>
<td>7:00pm to 8:00pm</td>
<td>4</td>
<td>$76.00</td>
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<tr>
<td>LEARN THE GAME PLUS</td>
<td>Wednesdays Aug. 30 – Sept. 27</td>
<td>6:30pm to 7:30pm</td>
<td>5</td>
<td>$95.00</td>
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<tr>
<td>BACK IN THE GAME</td>
<td>Tuesdays Aug. 29 – Sept. 26</td>
<td>6:00pm to 7:00pm</td>
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<td>$95.00</td>
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<tr>
<td>BACK IN THE GAME</td>
<td>Thursdays Aug. 31 – Sept. 28</td>
<td>6:00pm to 7:00pm</td>
<td>5</td>
<td>$95.00</td>
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<tr>
<td>LOVE THE GAME</td>
<td>Thursdays Aug. 31 – Sept. 28</td>
<td>7:00pm to 8:30pm</td>
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<td>$142.50</td>
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<tr>
<td>LIVE THE GAME</td>
<td>Mondays Aug. 28 – Sept. 25 *NO class Sept. 4</td>
<td>7:30pm to 9:00pm</td>
<td>4</td>
<td>$114.00</td>
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</tbody>
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* Per Class payment: $22.00 for 1 hour class, $33.00 for 90 minute class
* MAKE UP CLASSES ARE NOT AVAILABLE
* Payment due prior to first scheduled class.
DRILLS & CARDIO TENNIS

Please check the monthly Cardio Plus Calendar for dates and times. Advance registration is required.

►Weekly Drill Sessions: Drills, drills, and more drills!! (not recommended for beginners)
  - Play action drills & Instruction
  - Supervised play
Wednesdays 12:00pm – 1:00pm. $19  ($16 with Wed, AM Cardio)
Tuesdays  7:00pm – 8:00pm. $19  ($16 with Tuesday Cardio)

►Fast Action Drills: ‘Pedal to the metal’ challenging aerobic/anaerobic and stroke productions
  - Unique blend of ball machine and pro-fed drills
  - Forward movement, closing-out-the-point are the highlights
Sundays 1:00pm – 2:00pm. $19
Thursdays 7:00pm – 8:00pm. $19

►Volley Blast Drills: Everybody wants a better net game. ‘Fast Hands’ drills are the way!!
  - Drills dedicated to the net game.
  - Bullet-proof overhead
  - And yes...poaching!
Wednesdays 7:30pm – 8:30pm. $19

►Stroke/Strategy of the Week:
  - Come learn a quick Stoke or Strategy tip.
  - Focus on the stroke or strategy for that week.
Sundays 12:00pm – 1:00pm

►Women’s Competitive Drills:
  Serious tennis competitors only!
  - USTA ranking of 3.5 and up. Pro approval required.
  - Highly competitive drill sessions & point play.
  - BRING YOUR “A” GAME!
Wednesdays 6:00pm – 7:30pm. $29
(Current MSU Travel Team members $21)

►Cardio & Cardio Lite Tennis: Fun, Fitness and new Friends while you burn at least 400 - 600 calories
  - 60 minutes of heart pumping drills & fun point play.
  - No experience required.
  - Never tried Cardio? Your 1st class is FREE!
Daily Fee per Session / $13.00
Package of 12 Prepaid Sessions / $130.00

► Adult Men’s 3.5 and 4.0 Leagues: Played weekly, within a 1 hour time period. 8 Game Pro Set - first person to win 8 games. (12 point set tie-breaker at 7-7, first one to 7 points)
For additional League information call Heather Mactaggart at 517-355-2209
3.5 Men’s Singles: Tuesdays: Aug.29 – Sept.26 / 8pm – 9pm / 5 weeks.
4.0 Men’s Singles: Mondays: Aug.28 – Sept.25 / 8pm – 9pm / 4 weeks.
League Prices (Based on Affiliation to MSU)
Public.................................................$95/$78    MSU Alumni.........................$90/$74
MSU Faculty/Staff...............$85/$70    MSU Students......................$65/$54

► For Private & Semi-Private Lessons contact
  - Diane Selke / (517) 355-2209 / selkedia@rhs.msu.edu
  - Pat Page / (517)355-2209 / pagep@msu.edu

PAYMENT OPTIONS
Full payment is due prior to the first scheduled class, league, cardio or drills session.
For your convenience, we accept:
Cash, Check, Visa, Master Card, American Express and, Discover

Gift Cards now available!