ADULT CLASSES and LEAGUES

2015 FALL SESSION I TENNIS PROGRAMS

Fall Session I: September 8, 2015 – September October 11, 2015

SHARE YOUR EMAIL ADDRESS WITH US TO RECEIVE IMPORTANT CLASS UPDATES AND OUR TENNIS CENTER NEWSLETTER!!

► Learn the Game
An introduction to the game of tennis, emphasizing basic skills, rules, and point play. Perfect for those who have never played, those with little experience, and even those that have taken the class many times. With progress, participant may be able to join our Back in the Game Class.

Mondays: September 14 – October 5 from 7:30pm – 8:30pm for 4 weeks, $76
Tuesdays: September 8 - October 6 from 6:00pm – 7:00pm for 5 weeks, $95
Thursdays: September 10 - October 8 from 12:00pm – 1:00pm for 5 weeks, $95
Sundays: September 13 – October 11 from 4:00pm – 5:00pm for 5 weeks, $95

► Back in the Game:
Some past tennis experience (preferably formal instruction at the beginner level) is recommended. For those who played years ago and would like to get their swing back. If you haven’t played tennis before but are athletically inclined or have participated in other sports which require hand-eye coordination, this may also be the class for you. More emphasis will be placed on skill development, strategy, and will be geared toward you being able to play productively outside of class. With progress, participant may be able to join our Love the Game Class.

Mondays: September 14 – October 5 from 6:30pm – 7:30pm for 4 weeks, $76
Tuesdays: September 8 - October 6 from 10:00am – 11:00am for 5 weeks, $95
Wednesday: September 9 - October 7 from 6:00pm – 7:00pm for 5 weeks, $95
Thursdays: September 10 – October 8 from 10:00am – 11:00am for 5 weeks, $95
Thursdays: September 10 – October 8 from 6:00pm – 7:00pm for 5 weeks, $95

► Love the Game
Past tennis experience (preferably instruction in our Back in the Game class) is recommended. This is for those who have been playing more frequently as of late and are looking to make tennis their pastime. Emphasizing skill development, strategy, complex drillings and/or point play. With progress, participant may be able to join our Live the Game Class (which is by Approval only).

Wednesday: September 9 – October 7 from 7:00pm – 8:30pm for 5 weeks, $142.50
Thursdays: September 10 – October 8 from 7:00pm – 8:30pm for 5 weeks, $142.50
Sundays: September 13 – October 11 from 2:30pm – 4:00pm for 5 weeks, $142.50

► Live the Game (prior approval from Head Professional required)
Are you in our building more than most of our staff??? This may be the place for you. This is the highest level adult class. Participants may be seen coming to 2 or 3 Cardio Tennis classes a week, maybe attending a Drill Session, hitting on their own, or even doing private lessons. In other words they are dedicated to the game (Living the Game). Class is 2 hours of fast paced drills, hard core point play, and focuses on the strategic as well as technical aspects of tennis.

Mondays: September 14 – October 5 from 7:30pm – 9:30pm for 4 weeks, $152

PAYMENT OPTIONS
Full payment is due prior to the first scheduled class. For your convenience, Cash, Personal Check, Debit (EDS), Visa, Master Card, Amex, and Discover are accepted.
Please check the monthly Cardio Plus calendar for dates and times. Advance Registration Required.

Weekly Drill Sessions
Drills, drills, and more drills with instruction followed by supervised play. Drills are play based and participants will receive feedback. Participants will be motivated by fast paced drills and fun atmosphere. Weekly sign-up required. Payment is due at the beginning of each session. Drill sessions are not recommended for beginners.

- Tuesdays from 11:00am – 12:00pm. $19
- Tuesdays from 7:00pm – 8:30pm. $29 ($25 if also in Tuesday Cardio session)
- Thursdays from 11:00am – 12:00pm. $19 ($16 if also in Thursday Cardio Lite session)

**NEW THIS FALL**

**COMPETITIVE DRILLS**
This drills session is for 3.5 players and above. Prior approval is required. Call (517) 355-2209 for details.

- Thursdays from 7:00pm – 8:30pm. $29 ($25 if also in Thursday Cardio session)

Women’s Competitive Drills
Highly competitive drill sessions for the serious tennis competitor. Participants must have a current USTA ranking of 3.5 or above and have prior approval from the head professional. Contact Tarik Enustun at 517-355-2209 for details.

- Wednesdays from 6:00pm – 7:30pm. $29 ($21 for current MSU Travel Team members)

Cardio & Cardio Lite Tennis
Drills, drills, and more drills with music playing, people yelling, and all kinds of fun taking place...oh, and you might even burn some calories. 30 minutes of heart pumping drills and 30 minutes of fun point play. No experience required. First time is free!!! Classes offered many times a week.

- Daily Fee per Session / $13
- Package of 12 Sessions / $130

Adult Leagues

Men’s 3.5 and 4.0 Leagues: Looking to test your skills with Singles match play? League matches are played weekly, within a 1 hour time period. Matches are 8 Game Pro Sets (first person to win 8 games). You will be playing people of your like ability and every once in a while, someone who is slightly above/below your ability. To ensure everyone has fun make sure you know what level of player you are. If you don’t know, feel free to ask and we can point you in the right direction.

For additional League information call Orhan at 517-355-2209

3.5 Men’s Singles: Tuesdays: September 8 - October 6 from 8:30pm – 9:30pm for 5 weeks.
4.0 Men’s Singles: Mondays: September 14 - October 5 from 8:00pm – 9:00pm for 4 weeks.

League Prices (Based on Affiliation to MSU)
5wk/4wk

- Public............................................$90/$74
- MSU Alumni.................................$85/$70
- MSU Faculty/Staff..........................$80/$66
- MSU Retired F/S..............................$70/$58
- MSU Students................................$60/$50

For Private & Semi-Private Lessons contact one of our certified, professional instructors

Head Professional, Tarik Enustun, U.S.P.T.A. / 517-355-2209 / enustun1@rhs.msu.edu
Teaching Professional, Cody Cross, U.S.P.T.A., P.T.R. / 517-355-2209 / crossco1@msu.edu

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