Learn the Game (Beginner) 1.0 – 2.0
An introduction to the game of tennis:
• A fun way to learn the basic skills, rules, and point play.
• Perfect for the beginner or player with little experience.
• Successful participants graduate to …

Learn the Game Plus: (Advanced Beginner) 2.5
• Advanced beginner looking for skill development and point play. Must be able to rally.
• For players who have graduated from the Learn the Game class. Pro approval required.

Back in the Game: (Intermediate) 3.0
Perfect for the returning player looking to knock a bit of rust off and get on the court:
• Past playing experience (must be able to rally & serve)
• Tennis skill development, strategy, and point play.

Please note:
• Advanced registration required for all classes and programs.
• No make-up classes available.
• Payment due prior to first scheduled class.
• Per class payment: $22.00 for 1 hour class.

Play With The Pro -
• Play doubles with a MSU Tennis Staff Professional
• 2.5, 3.0 and 3.5+ level. Tips and Strategy
• Wednesdays 8:00pm - 9:00pm $12 [2.5]
• Wednesdays 12:00pm – 1:00pm $12 [3.0+]
• Thursdays 8:00pm – 9:00pm $12 [3.5+]
• Sundays 6:30pm – 7:30pm $12 [3.0+]
• Sundays 5:00pm – 6:00pm $12 [3.5+]
DRILLS & CARDIO TENNIS

Please check the monthly Cardio Plus Calendar for dates and times.
Advance registration is required for all classes and events. No make-up classes available.

►Cardio & Cardio Lite Tennis: Fun, Fitness and meet new Friends while you burn at least 400 - 600 calories.

1. 60 minutes of heart pumping drills & fun point play.
2. Cardio - Recommended for Intermediate players and above
3. Cardio Lite – Recommended for Learn the Game Plus and Advanced Beginners
4. Never tried Cardio? Your 1st class is FREE!

Daily Fee per Session / $14.00
Package of 12 Prepaid Sessions / $140.00

►Weekly Drill Sessions: Drills, drills, and more drills!!
(Recommended for Intermediates and above) 3.0+ level
1. Play action drills & Instruction
2. Supervised play
Tuesdays 7:30pm – 8:30pm. $20 ($17 with Tuesday 6pm Cardio)

►Fast Action Drills: Pedal to the metal' challenging aerobic/anaerobic workout.
1. Unique blend of ball machine and pro-fed drills
2. Forward movement, closing-out-the-point are the highlights
Thursdays 7:00pm – 8:00pm (3.5+) $20 ($17 with Thursday Cardio 6pm)
Sundays 4:00pm – 5:00pm (3.5+) $20
Mondays 7:00pm – 8:00pm (3.0+) $20 ($17 with Monday Cardio 6pm)

►Women’s Competitive/Team Drills:
Serious tennis competitors only!
1. USTA ranking of 3.5 and up. Pro approval required.
2. Highly competitive drill sessions & point play.
3. BRING YOUR “A” GAME!
Wednesdays 6:00pm – 7:30pm, $29 (Until January 2nd, 2019)
6:30pm – 8:00pm Beginning January 9th, 2019
[Current MSU Travel Team members $21]

NEW!! FLEX LEAGUES

►Men’s 3.5 and 4.0 Singles:
Saturday, January 7, 2019 – February 3, 2019
Singles match played indoors, weekly. Schedule/reserve an indoor court, to play your own day and time for your weekly match. 8 Game Pro Set - first person to win 8 games. (12 point set tie-breaker at 7-7)
All matches must be completed by Sunday, February 3.
For additional League information call Heather Mactaggart at 517-355-2209

League Prices (Based on Affiliation to MSU)
4 weeks:
Public…………………………$78 MSU Alumni………………… $74
* MSU Faculty/Staff $70 MSU Retired Faculty/Staff…$62
* MSU Students……… $56
*MSU ID required

► For Private & Semi-Private Lessons contact
1. Diane Selke / (517) 355-2209 / selkedia@rhs.msu.edu
2. Pat Page / (517)355-2209 / pagep@msu.edu

PAYMENT OPTIONS
Full payment is due prior to the first scheduled class, league, cardio or drills session.
For your convenience, we accept:
Cash, Check, Visa, Master Card, American Express and, Discover
Gift Cards available!