Learn the Game (Beginner) 1.0 – 2.0
An introduction to the game of tennis:
- A fun way to learn the basic skills, rules, and point play.
- Perfect for the beginner or player with little experience.
- Successful participants graduate to...

Learn the Game Plus: (Advanced Beginner) 2.5
- Advanced beginner looking for skill development and point play. Must be able to rally.
- For players who have graduated from the Learn the Game class. Pro approval required.

Back in the Game: (Intermediate) 3.0
Perfect for the returning player looking to knock a bit of rust off and get on the court:
- Past playing experience (must be able to rally & serve)
- Tennis skill development, strategy, and point play.

PLEASE NOTE:
- Advanced Registration Required For All Classes and Programs.
- No Make-Up Classes Available
- Payment due prior to first scheduled class
- Per Class payment: $22.00 for 1 hour class

Play With The Pro -
- Play doubles with a MSU Tennis Staff Professional
- 2.5, 3.0 and 3.5+ level. Tips and Strategy
- Wednesdays 8:00pm – 9:00pm $12 [2.5]
- Wednesdays 12:00pm – 1:00pm $12 [3.0+]
- Thursdays 8:00pm – 9:00pm $12 [3.5+]
- Sundays 6:30pm – 7:30pm $12 [3.0+]
- Sundays 5:00pm – 6:00pm $12 [3.5+]
**NEW!! FLEX LEAGUES**

**DRILLS & CARDIO TENNIS**

*Please check the monthly Cardio Plus Calendar for dates and times.*

Advance registration is required for all classes and events. *No make-up classes available.*

► **Cardio & Cardio Lite Tennis**  Fun, Fitness and meet new Friends while you burn at least 400 - 600 calories
  - 60 minutes of heart pumping drills & fun point play.
  - Cardio - **Recommended for Intermediate players and above**
  - Cardio Lite – **Recommended for Learn the Game Plus and Advanced Beginners**
  - Never tried Cardio? Your 1st class is FREE!

**Daily Fee per Session / $14.00**
**Package of 12 Prepaid Sessions / $140.00**

► **Weekly Drill Sessions:** Drills, drills, and more drills!!
  (Recommended for Intermediates and above)  3.0+ level
  - Play action drills & Instruction
  - Supervised play

**Tuesdays 7:30pm – 8:30pm. $20** ($17 with Tuesday 6pm Cardio)

► **Fast Action Drills:** Pedal to the metal’ challenging aerobic/anaerobic workout.
  - Unique blend of ball machine and pro-fed drills
  - Forward movement, closing-out-the-point are the highlights

**Thursdays 7:00pm – 8:00pm (3.5+) $20** ($17 with Thursday Cardio 6pm)
**Sundays 4:00pm – 5:00pm (3.5+) $20**
**Mondays 7:00pm – 8:00pm (3.0+) $20** ($17 with Monday Cardio 6pm)

► **Women’s Competitive/Team Drills:**
  Serious tennis competitors only!
  - USTA ranking of 3.5 – 4.0 and up. Pro approval required.
  - Highly competitive drill sessions & point play.
  - BRING YOUR “A” GAME!

**Wednesdays 6:30pm – 8:00pm. $29**
(Current MSU Travel Team members $21)

► **Men’s 3.5 and 4.0 Singles:**
  **Saturday, February 2, 2019 – March 3, 2019**  Singles match played indoors, weekly.  Schedule/reserve an indoor court, to play your own day and time for your weekly match.  8 Game Pro Set - first person to win 8 games.  (12 point set tie-breaker at 7-7)
  **All matches must be completed by Sunday, March 3.**

For additional League information call Heather Mactaggart at 517-355-2209

**League Prices (Based on Affiliation to MSU)**

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► **For Private & Semi-Private Lessons contact**
  - Diane Selke / (517) 355-2209 / selkedia@rhs.msu.edu
  - Pat Page / (517)355-2209 / pagep@msu.edu

**PAYMENT OPTIONS**

Full payment is due prior to the first scheduled class, league, cardio or drills session.

For your convenience, we accept:
  - Cash, Check, Visa, Master Card,
  - American Express and, Discover

*Gift Cards available!*