Learn the Game  (Beginner) 1.0 – 2.0
An introduction to the game of tennis:
- A fun way to learn the basic skills, rules, and point play.
- Perfect for the beginner or player with little experience.
- Successful participants graduate to …

Learn the Game Plus:  (Advanced Beginner) 2.5
- Advanced beginner looking for skill development and point play. Must be able to rally.
- For players who have graduated from the Learn the Game class.  Pro approval required.

Back in the Game:  (Intermediate) 3.0
Perfect for the returning player looking to knock a bit of rust off and get on the court:
- Past playing experience (must be able to rally & serve)
- Tennis skill development, strategy, and point play.

Play With The Pro -
- Play doubles with a MSU Tennis Staff Professional
- 2.5 & 3.0 levels. Tips and Strategy
- Wednesdays 12:00pm – 1:00pm  $12  {3.0+}

Classes are weekly.
Pre-registration required.   Call 517-355-2209 to sign up.
Please call to cancel your reservation so we may give someone an opportunity on the wait list. Thank you.

<table>
<thead>
<tr>
<th>Class Description</th>
<th>Day</th>
<th>Times</th>
<th>Price per week</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEARN THE GAME (Beginners)</td>
<td>Sundays</td>
<td>4:30pm -5:30pm</td>
<td>$20.00 Per class</td>
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<td></td>
<td>Wednesdays</td>
<td>6:00pm – 7:00pm</td>
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<td></td>
<td>Thursdays</td>
<td>12:00pm – 1:00pm</td>
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<tr>
<td>LEARN THE GAME PLUS (Advanced Beginners)</td>
<td>Mondays</td>
<td>7:00pm – 8:00pm</td>
<td>$20.00 Per class</td>
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<td></td>
<td>Wednesdays</td>
<td>7:00pm – 8:00pm</td>
<td></td>
</tr>
<tr>
<td>BACK IN THE GAME (3.0 + Level)</td>
<td>Tuesdays</td>
<td>7:00pm – 8:00pm</td>
<td>$20.00 Per class</td>
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<tr>
<td></td>
<td>Thursdays</td>
<td>6:00pm – 7:00pm</td>
<td></td>
</tr>
<tr>
<td>3.0+ PLAY WITH PRO</td>
<td>Wednesdays</td>
<td>12:00pm -1:00pm</td>
<td>$12.00 Per Class</td>
</tr>
</tbody>
</table>

PLEASE NOTE:
- Advanced Registration Required
- Payment due prior to first scheduled class
- There are NO MAKE-UP CLASSES
- NO SHOWS - Will move to the wait list the following week.
- Please call 24 hours or more ahead, to cancel your tennis lesson.
**CARDIO TENNIS & DRILLS**

Advance registration is required for all classes and events. Please call 517-355-2209 to sign-up!

► **Cardio Tennis - $14.00 class**

*Cardio Card: Buy 10 - Get 12 / $140.00*

Fun, Fitness and meet new Friends while you burn at least 400 - 600 calories!

60 minutes of heart pumping drills & fun point play.
Recommended for Intermediate players, 3.0 and above

- Sundays 12:00pm – 1:00pm
- Mondays  6:00pm - 7:00pm
- Wednesdays  7:00pm - 8:00pm

► **Cardio Lite – $14.00 class**

*Cardio Card: Buy 10 – Get 12 / $140.00*

A lighter version of Cardio Tennis
- Mondays  8:00pm – 9:00pm

Never tried Cardio? Your 1st class is FREE!

► **Fast Action Drills:**

Pedal to the metal' challenging aerobic/anaerobic workout.
- Unique blend of live ball and pro-fed drills
- Forward movement, closing-out-the-point are the highlights

- Tuesdays  6:00pm –7:00pm (3.0+) $20

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**Monthly Tennis Mixers**

*All levels welcome*

**Friday, February 25, 2022**

Enjoy playing different tennis formats

*Mixers will be offered Monthly on a Friday*

6:00pm – 7:30pm

Cost: $15 per player

Sign-up is required – Call 517-355-2209

Contact Pat Page if questions – pagep@msu.edu

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• **Payment is due prior to the cardio or drills session.**

For Private & Semi-Private Lessons contact

- Diane Selke / (517) 355-2209 / selkedia@msu.edu
- Pat Page / (517)355-2209 / pagep@msu.edu

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