

Sept. 6th – Dec. 18th

517-355-2209

MICHIGAN STATE UNIVERSITY
TENNIS
CENTER
LOVE THE GAME

ADULT PROGRAMS

REGISTRATION & PAYMENT IS DUE PRIOR TO ATTENDING CLASS

Option #1 (pre-pay 3week session) *non-refundable, non-transferable*
1 hour Class \$60 /session

Option #2 (pay per Class) 1 hour Class \$22

CLASS	DAY	TIME
<u>Learn the Game</u> <u>Beginner, 1.0 – 2.0</u> Introduction to tennis: Learn the basic skills, rules, and point play. Perfect for the beginner or player with little experience. Successful participants graduate to ...	Tuesday Wednesday Thursday Sunday	6-7pm 6-7pm Noon-1pm 5:30-6:30pm
<u>Learn the Game Plus</u> <u>Advanced Beginner, 2.5+</u> Skill development and point play. Must be able to serve & rally. Pro approval required.	Monday Thursday Thursday	7-8pm Noon-1pm 7-8pm
<u>Back in the Game</u> <u>(Intermediate) 3.0+</u> Develop skills, strategy, and point play. Must be able to rally & serve. Pro approval required.	Tuesday Thursday	7-8pm 6-7pm



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CARDIO TENNIS & DRILLS

REGISTRATION & PAYMENT IS DUE PRIOR TO ATTENDING CLASS

CLASS	DAY	TIME
<u>Cardio Tennis</u> \$15.00 or 12 <i>Prepaid Sessions \$150.00</i> Fun, Fitness and meet new Friends while you burn calories! 60 minutes of heart pumping drills & fun point play. Player skill level 3.0+	Monday Wednesday Sunday	6-7pm 7-8pm 11:30-12:30pm
<u>Cardio Lite</u> \$15.00 or 12 <i>Prepaid Sessions \$150.00</i> A lighter version of Cardio Tennis. Must be able to serve & rally. Player skill level 2.5+	Monday Tuesday	8-9pm Noon-1pm
<u>DRILLS!!!</u> \$22 Fast paced skills and drills to improve your competitive game. Player skill level 3.0+	Monday	7-8pm
<u>Tennis Mixers</u> \$18 All levels welcome! Minimum of 8 players	Thursday	7-8:30pm
<u>Play With The Pro</u> \$13 Play doubles with an MSU Tennis Staff Professional. Player skill level 2.5+	Wednesday	Noon-1pm